



GLOBAL HEALTH RESOURCES

Global health is a dynamic and complex field that requires expertise, open-mindedness, and ethical commitment in order to be successful. Much of global health in the past involved organizations from the Global North establishing interventions in the Global South without proper thought and intention towards recipient communities. The narrative surrounding global health and international development in general was (and oftentimes still is) one of 'white saviorism', where organizations from predominantly white countries intervene in predominantly non-white countries with the intention of 'rescuing' them because they see them as 'helpless'.

Global health is beginning to shift from a 'rescuer' to a 'collaborator' paradigm, where the target population is playing a central role in determining which interventions and programs are implemented in their community. While the issues faced in global health are complex and multifaceted, an important step towards a sustainable solution is participants of global health initiatives being aware of the culture that they are working in and the potential harms that their actions may unintentionally bring to the community.

As an active stakeholder in the global health space, OWS is committed to an inclusive and sustainable global health approach that leverages local talent, resources, and ideas about how best to meet the needs of the individuals, families, and communities served. Additionally, we believe that the more education and awareness our hundreds of volunteers have, the more effective and impactful they will be during (and hopefully long after) their service. To that end, below is a list of resources to support One World Surgery volunteers in understanding the health and social contexts of the countries that they will be serving in. We have also included resources for general global health education for those who are interested in advancing their general understanding of global health practice.



DOMINICAN REPUBLIC RESOURCES

Health profile from the Pan American Health Organization:

<https://hia.paho.org/en/country-profiles/dominican-republic>

Health and sociodemographic data from the World Health Organization:

<https://data.who.int/countries/214>

Socioeconomic data from the World Bank:

<https://data360.worldbank.org/en/economy/DOM>

Health data from national statistics office (Spanish only):

<https://www.one.gob.do/datos-y-estadisticas/temas/estadisticas-sociales/salud/>

Articles highlighting the experiences of the DR's most vulnerable communities:

- ***Stateless and Vulnerable: The Ongoing Crisis of Haitian Descent in the Dominican Republic:*** <https://kennedyhumanrights.org/our-voices/stateless-and-vulnerable-the-ongoing-crisis-of-haitian-descent-in-the-dominican-republic/>
- ***Threat of Deportations Leads to Risky Childbirth for Haitian Mothers:*** <https://www.nytimes.com/2026/05/26/world/americas/dominican-republic-haiti-hospital-deportations.html>



HONDURAS RESOURCES

Health profile from the Pan American Health Organization:

<https://hia.paho.org/en/country-profiles/honduras>

Health and sociodemographic data from the World Health Organization:

<https://data.who.int/countries/340>

Socioeconomic data from the World Bank:

<https://data360.worldbank.org/en/economy/HND>

Health data from national statistics office (Spanish only):

- <https://ine.gob.hn/2024/12/12/salud/>
- <https://temp.ine.gob.hn/wp-content/uploads/2025/02/18-Otros-asuntos-relacionados-con-la-salud-1.pdf>

Articles highlighting the experiences of Honduras' most vulnerable communities:

- ***Creating a Better Healthcare Reality in Honduras:***
<https://www.ihpuk.org/stories/creating-a-better-healthcare-reality-in-honduras>
- ***Honduras Poverty Assessment: Towards a Path of Poverty Reduction and Inclusive Growth (World Bank):*** <https://repositorio-chepes.sedesol.gob.hn/server/api/core/bitstreams/83a26ef2-9ded-4c77-b053-758d172f7372/content>



GENERAL GLOBAL HEALTH RESOURCES

World Health Organization (WHO) Resources:

<https://www.who.int/resources>

- This webpage directs you to the health campaigns it is currently running, WHO data by country, current disease outbreaks, fact sheets, the latest information on different health topics, WHO indicators, WHO multimedia resources (including podcasts), questions and answers, global health tools, and the WHO academy (WHO's learning center).

Global Health Learning Center: <https://globalhealthlearning.org/>

- 90+ free courses covering topics including clinical health (disease and processes), environmental health, health equity, health governance and policy, and health management and frameworks.

Global Health Education Toolbox:

<https://medbox.org/6TRGC29L/toolbox/global-health-education>

- A repository of over 500 documents that support the understanding of theory and practice of global health.

Pan American Health Organization (PAHO) Virtual Campus for Public Health: <https://campus.paho.org/en>

- Offers free, virtual courses aimed to develop the competencies of health workers.

Essentials of Global Health Video Series:

<https://www.youtube.com/playlist?list=PLh9mgdi4rNex7lnSCJiCkXGtM8cmTwgfs>

- Free video series from Yale Online.



GENERAL GLOBAL HEALTH RESOURCES

National Institutes of Health (NIH) Resources:

- Topic-specific resources from the Fogarty International Center: <https://www.fic.nih.gov/ResearchTopics/Pages/default.aspx>
- Database of global research investments: <https://worldreport.nih.gov/#/search?searchId=6a185337f718a7a9d0302833>

Global Health NOW: <https://globalhealthnow.org/>

- Daily newsletter from Johns Hopkins Bloomberg School of Public Health that summarizes the latest global health news.
- Subscribe to newsletter here: <https://globalhealthnow.org/subscribe>

Global Health Data Sites

The Gapminder: [https://www.gapminder.org/tools/#\\$chart-type=bubbles&url=v2](https://www.gapminder.org/tools/#$chart-type=bubbles&url=v2)

- Transforms static global health and economic data into animated, easy-to-follow visualizations — such as bubble charts showing changes in life expectancy, income, and child mortality over time. This approach made complex global trends accessible to the public and helped challenge oversimplified narratives about the “developed” vs. “developing” world.

Global Health Data Exchange: <https://ghdx.healthdata.org/>

- Claims to be the world’s most comprehensive catalog of surveys, censuses, vital statistics, and other health-related data. It’s the place to start your health data search.

Our World in Data: <https://ourworldindata.org/health-meta>

- Displays numerous global health metrics at a country level.



GLOBAL SURGERY RESOURCES

Scientific publications authored by researchers at One World Surgery:

- <https://oneworldsurgery.org/publications/>

The G4 Alliance, a coalition of organizations (including One World Surgery) who are working to advance global surgery through awareness, policy, and resource mobilization:

- <https://theg4alliance.org/>

The Global Surgery Foundation, who works to improve access to surgical care through global partnerships, innovative financing, and local empowerment:

- <https://www.globalsurgeryfoundation.org/>

A commentary on the state of surgery in the global health context:

- <https://onlinelibrary.wiley.com/doi/10.1007/s00268-008-9525-9>

The Lancet Commission on Global Surgery:

- [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(15\)60160-X/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(15)60160-X/fulltext)

World Health Organization recommendations for strengthening global surgery:

- https://apps.who.int/gb/ebwha/pdf_files/WHA68/A68_R15-en.pdf



GLOBAL SURGERY RESOURCES

Five Billion Reasons for Ramping Up Global Surgery:

- <https://www.thinkglobalhealth.org/article/five-billion-reasons-ramping-global-surgery>

Investing in Surgery, Closing a Global Health Gap:

- <https://www.thinkglobalhealth.org/article/investing-surgery-closing-global-health-gap>

Investing in Surgical Systems: From Quick Fixes to Long-Term Sustainability:

- <https://thehill.com/blogs/congress-blog/healthcare/567840-investing-in-surgical-systems-from-quick-fixes-to-long-term?rl=1>

Investing in Surgical Systems Supports Pandemic Preparedness:

- <https://thehill.com/blogs/congress-blog/healthcare/559988-investing-in-surgical-systems-supports-pandemic-preparedness>

Scaling Up Surgery and Anesthesia, Post-Coronavirus:

- <https://www.thinkglobalhealth.org/article/scaling-surgery-and-anesthesia-post-coronavirus>